

# Nanbo Discovery Camp



since 1999

March, 2020

Dear Parents and Children,

We are very happy to provide you with our information packet, including registration material, for our 22nd summer of Nanbo Discovery Camp. Mrs. Kimura, Brad, Pablo, and I, along with our amazing counselors are looking forward to a wonderful summer season of activity, learning, growth and fun in the countryside of Japan.

I've attached the following documents that will give you more information about our camp:

1. What to Bring to Camp and More
2. Camp Fees, Transportation and More
3. Camp Schedule (tentative)
4. Counselor-In-Training Program (CIT)
5. Registration Form - 2020 (to be returned)
6. Medical Permission Form (to be returned)

Please also go to our Photo Gallery site to see photos of summer camp, our lodge, and our other activities. Learn more about Discover Japan at

<http://discoverjapan.zenfolio.com/nanbo>

Don't hesitate to email or call with any questions you might have. We hope that you will join us this season for a great outdoor adventure and to DISCOVER more about Japan and the world we live in.

Best Regards,

David Green

PS. Of course, we are monitoring the COVID-19 situation carefully and how it might affect Nanbo Discovery Camp this summer. Recently we completed four very successful Winter Camps in Nagano with no issues at all.

We continue to review and update our emergency and disaster preparedness plans on an ongoing basis. On site, we maintain an adequate store of food, water, first aid supplies and other necessities for emergencies. We are happy to provide you with an overview of our preparedness plans if desired.

## **Discover Japan** Events and Activities 2020 - 2021

**Nanbo Kokuai Mura**  
available for use by your  
family, club or group  
**Nanbo Discovery Camps**

July 26 - 31  
August 2 - 7  
August 9 - 13 mini  
August 16 - 21  
August 23 - 26  
(4 days/3 nights)

## **Winter Camps for Children** (and parents)

December and January  
(dates to be announced)

**Community Ski/Board Adventure**  
**and Winter Camp**  
February, 2021

Please check out our amazing camp  
video narrated by some of our  
incredible counselors:  
<https://vimeo.com/240620340>  
password - nanbo\_2017

# Nanbo Discovery Camp

## Questions and Answers - Clothing and Other Important Stuff

### **WHAT WILL THE CAMP PROVIDE?**

a chance to meet other campers  
opportunities for fun, growth and much more  
an incredible group of CIT's, counselors and other staff members  
good, healthy food and plenty of it / soap, shampoo, rinse & toothpaste  
bed linen and a pillow / a safe and caring environment and more!

### **WHAT MUST CAMPERS BRING TO CAMP?**

We ask campers to bring clothes for the entire session. If it rains for many days, we'll dry clothing as needed but we aren't equipped to wash clothes on a regular basis. Much of the day will be spent in a T-shirt, shorts and/or a bathing suit. **Everything should be packed into a soft travel bag or backpack and a daypack that campers can carry by themselves. Items must be clearly marked with the camper's name.** The numbers in the list below do not include what the camper will be wearing on the way to camp and refer to the full 5-night camp.

- |   |   |
|---|---|
| - <u>curiosity - unlimited</u>  | - <b><u>full water bottle w/strap</u></b>           |
| - T-shirts - 5  | - <u>common sense - endless supply</u>              |
| - <b>towels - 2 (very important)</b>                                    | - windbreaker (rain gear)                           |
| - bathing suits - 1 or 2  | - laundry bag (for clothing that was worn)          |
| - <b>pajamas - 1</b> (not the next day's clothing)                      | - <u>sense of adventure</u>                         |
| - underwear - 5   | - toothbrush, comb or brush, etc.                   |
| - shorts - 2  | - reading book (optional)                           |
| - long pants or trainers - 1  | - <b><u>sunscreen/sunblock (very important)</u></b> |
| - sweatshirt - 1  | - <u>very large smile</u>                           |
| - sneakers - 1 (very important)   | - <b><u>insect repellent</u></b> (mushiyoke)        |
| - Crocs or sandals - 1  | - itch relief (kaikumidome - ex. muhi)              |
| - <b>great for tide pool exploration</b> (with strap in back of heel)   |   |
| - socks - 5   |   |
| - small day pack for bus ride to camp, day trips to beach, hiking, etc. |   |
| - all medications needed  |   |

**\*swimming shirt (rash guard) - 1 or 2**

**\*wide brim hat or cap**

**goggles for swimming if needed**

**optional - camera (not smart phone camera)**

**Our Policy** - Our campers do not need cell phones, electronic games, music devices, or food from home during camp. There will be more than enough to eat and campers will be kept very busy without all that stuff. The interaction that takes place between campers, and between campers and counselors, is very important. Electronic devices (except cameras) that are brought for use on the bus will be collected along with any leftover snacks and held until the end of camp. Thank you for your understanding and support. Please don't hesitate to call for clarification or with any questions you might have (090 7716 0102).

### WHAT WILL MY SON/DAUGHTER BE DOING AT CAMP?

Through activity, observation, exploration, sketching, journal writing and more, we'll explore the world around us. Ocean play (swimming, boogie boarding, possibly snorkeling), hiking, crafts, campfires, large and small group games on our activity field, cooking, sports, bicycling and more, and all while having fun! There will also be activities to strengthen language skills, science awareness, personal growth and development.

### \*WHY DO WE NEED TO BRING A HAT?

Our campers and staff members will always wear a hat while outside in the sun. The sun is very strong during the summer and we want to protect the very valuable heads of our campers and staff members. If your son/daughter forgets to bring a hat, we will be happy to sell a Nanbo cap to him/her (¥1,500). Safety, safety, good health!

### \*WHAT TYPE OF SWIMMING SHIRT DO WE NEED?

As protection against the sun all campers and staff will wear a rash guard type shirt while at the beach and in the water. An inexpensive, quick drying, nylon rash guard or aqua shirt is best. They are available at most clothing shops, Land's End, Mont-Bell, Sports Depot, etc. T-shirts are too heavy and take too long to dry. Not suitable for water play!

### SHOULD I TELEPHONE MY DAUGHTER/SON?

### WHAT ABOUT SPENDING MONEY?

We don't encourage telephone calls except in special situations. If you must call, please call between 6:00am and 7:15am or between 8:00pm and 9:00pm. Please use my mobile number for all calls (090 7716 0102). There shouldn't be anything that our campers will need money for, other than perhaps a drink for the bus ride to and from camp. 500 yen should be more than enough.

### WILL WE HAVE ENOUGH FOOD TO EAT?

Unless your son/daughter is a very, very picky eater, there will be plenty of good food to eat. We always think about our campers, good health, and nutrition when choosing our menu. We also think about the big appetites of active campers who will spend most of every day outside. Our meals are home cooked in our outdoor camp kitchen.

### WHERE WILL THE CAMPERS BE SLEEPING and NUMBERS?

The campers will sleep on bunk beds in one of four bunk rooms. There will always be a counselor sleeping in the room with our younger campers. We expect to have between 15 and 28 campers at each session. We always strive to have a very positive camper:staff ratio - usually 3:1 or 3.3 :1.

### IS IT OK TO SEND BAGS BY TAKYUBIN DELIVERY SERVICE?

Yes, if you would like to send a bag or pack with clothing and camp gear, please make sure that it arrives at camp a day or two before camp begins. Use Yamato (Black Cat) shipping company and clearly label the pack with your son/daughter's name in Romaji. **Please send bags round trip (ofuku) from your home.** Use the address on top of page 1 of the registration packet, in care of David Green. Your son/daughter should carry a small day-pack and water bottle on the bus from Tokyo Station to camp.

If you have other questions, please call or e-mail!

# Nanbo Discovery Camp

## Camp Fees, Discounts, Refunds and Transportation

(Please note below the three ways we are trying to save you money.)

regular session (six-days/five-nights) - **104,500 yen** (10% consumption tax not included)  
mini-camp session (five-days/four-nights) - **89,500 yen** (10% consumption tax not included)  
Session 8 (four-days/three-nights) - **69,500 yen** (10% consumption tax not included)

We value our returning families.

Returning Camper Discount

¥3,000 (¥2,000) off from the 2nd week (or more) in the same season or in past seasons

Sibling Discount

¥3,000 (¥2,000) off the basic cost for the 2nd (or more) child

Early Bird Discount

¥3,000 (¥2,000) off the basic cost when registration and payment are completed by June 7

Bank Transfer Information

Chiba Bank Chikura Branch

Green David James グリーン ディヴィッド ジェームス

Regular Account # 3144173

Shortly after receiving your registration papers, we will send the camp invoice via email.

Payment of the camp fee in a timely manner will guarantee your spot at camp.

Full refund (less ¥5,000) up to one month prior to the start of camp,  
75% up to two weeks, 50% up to one week, 25% up to three days before camp.

Thank you for your understanding

## Transportation to and from Nanbo Discovery Camp

Transportation is provided for our campers, to and from Tokyo Station, by JR Highway Bus, at no extra charge. The campers will be accompanied by our adult staff and our counselors. The bus leaves from the Yaesu Minami Guchi (south entrance) bus area. The return on the last day of camp is to the Nihonbashi entrance (near Yaesu north exit). The tentative times of the bus departure and arrival are listed below. More information on meeting location and time, and contact person (including contact number) will be given later.

Of course, we would be happy if you were able to drive to camp with your children. We would be glad to welcome you to camp and show you our facilities. You could explore the area as a family. Please let us know if this is a possibility and we will send directions to you.

Tokyo to Chikura Eki mae

2:20pm JR Bus leaves Tokyo Station 4:32pm JR Bus arrives at Chikura Eki Mae

Chikura Eki mae to Tokyo

1:32pm JR Bus leaves Chikura Eki 4:00pm JR Bus arrives at Tokyo Station

Our bus tickets can be reserved only one month ahead. For this reason the times listed above are tentative. We'll let you know right away if there are changes.

If you have questions, please contact David Green at 090 7716 0102  
or email [dgreen@discoverjapan.co.jp](mailto:dgreen@discoverjapan.co.jp)



# Nanbo Discovery Camp

## Tentative Schedule - Summer, 2020

### Sunday

1:30pm	meet at Tokyo Station – Minami Yaesu JR Highway Bus area
2:20	bus leaves for Chikura
4:40	arrive at Chikura station
4:55	arrive at camp / snacks & drinks on deck
5:10	meet counselors / unpack / explore / orientation / group games
6:30	dinner
7:30	all-camp meeting in Discovery Room introductions / orientation to DR showers for all / games intro to camp journal
9:15 – 9:30	get ready for bed / lights out

### Monday – Thursday / Monday - Wednesday (mini-camp)

6:15am	wake-up
6:30 – 7:30	“morning activities” - games at the beach or on the field / exercises / stretching / frisbee “Nanbo Capture the Flag”
7:40 – 8:30	wash-up / breakfast
8:30 – 8:45	clean-up personal areas/odd jobs get ready for the day
8:45 – 9:00	All-Camp meeting
9:00	<u>Morning Activity Block</u>
12:15 - 1:45pm	lunch and rest time
1:45	<u>Afternoon Activity Block</u>
5:00	dinner preparation

free time / showers

6:30	dinner
7:20	All-Camp meeting
7:30	<u>Evening Activity Block</u> Discovery Activities, reading, board games, campfire, journal writing night hike, crafts
9:15 – 9:30	get ready for bed / lights out

On Thursday/**Wednesday (mini-camp)** evening, we will have a special activity, including a farewell party, in preparation for the end of camp on Friday/**Thursday (mini-camp)**. We will also begin rough packing on Thursday evening/**Wednesday (mini-camp)**.

### Friday / Thursday (mini-camp)

6:30am	wake-up
6:40 – 7:30	packing / room cleaning and more all-camp photo
7:40 – 8:15	breakfast
8:15 - 9:15	clean-up bunk areas / finish packing put all big bags into the camp van
9:15 – 11:45	shell necklace activity, finish journal, slide show and much more
12:00	“sayonara” ceremony and lunch
1:10pm	leave for JR Highway Bus bus leaves Chikura station
4:00pm	bus arrives at Tokyo St. on time if we’re lucky

Everyone arrives back to Tokyo Station by  
JR Highway bus safe and happy!

## Nanbo Discovery Camp - Summer C.I.T Program

Our Nanbo Discovery Camp community is made up of campers, CIT's, counselors, and our senior staff. Our CIT's, or counselors-in-training, are our oldest campers (with a difference).

Campers are usually boys and girls in second through eighth grade; our counselors-in-training are early adolescents who have finished middle school and often have been campers at Nanbo in the past; Nanbo Discovery Camp counselors are upper high school or college students (or older), many of whom have been campers and/or CIT's at Nanbo. Our counselors have direct responsibility for organizing and facilitating activities, caring for younger campers in the bunk rooms, working directly with the senior staff members and much more.

Our CIT's are interested in developing leadership skills and interacting with younger children, helping them to have a positive experience at camp. Very often they see themselves possibly becoming counselors at Nanbo Discovery Camp or elsewhere in the future.

We want our CIT's to enjoy their time as campers taking part in the camp activities and much more. We also want them to take responsibility helping and supporting the counselors as needed, interacting in a positive way with younger campers during free-choice activities (sports, arts and crafts, bicycle riding, etc.), helping out with meal service, and much more. Above all, they will be **role models** for the younger campers, in the same way that we expect our counselors and senior staff to be role models for our CIT's and campers.

The Counselor-in-Training program is intended to develop self-confidence, problem solving, creativity and leadership skills in the early adolescents who are chosen for these few positions each session. Our incredible counselors are excellent models and CIT's are expected to observe them and senior staff members and at the same time participate in camp activities.

If you are interested in applying for a CIT position or would like more information, please contact David Green. Those who are chosen as CIT's for our summer camps are given a 30% camp fee waiver (and a slightly later bed time).

Does this sound like something you would enjoy being involved in?

Contact David Green

[dgreen@discoverjapan.co.jp](mailto:dgreen@discoverjapan.co.jp)

090 7716 0102

Please fill out this form completely and return by email. Thank you!

**Camp Use Only**

reg. papers \_\_\_\_\_

invoice sent \_\_\_\_\_

payment rec. \_\_\_\_\_

# **Nanbo Discovery Camp**

2899-1 Seto, Chikura-cho  
Minami Boso, Chiba 295-0004  
Mobile 090 7716 0102

## **Student/Camper Registration Form - 2020**

Please check the sessions you are interested in and fill out all the information below.  
Full camps are five nights/six days. Mini-camp is four nights/five days.

\_\_\_ **Session 1 July 26 - 31**

\_\_\_ **Session 2 Aug 2 - 7**

\_\_\_ **Session 3 Aug 9 - 13 (mini)**

\_\_\_ **Session 4 Aug 16 - 21**

\_\_\_ **Session 5 Aug 23 - 26**

3 nights/four days

**Returning Summer Camper** \_\_\_ yes \_\_\_ no

### **Camper Information**

Camper's full name: \_\_\_\_\_

Please circle one:      male              female

Date of birth: \_\_\_\_\_ Age (at start of camp): \_\_\_\_\_

Name of school presently attending: \_\_\_\_\_

Grade at present time: \_\_\_\_\_

### **Parent Contact Information**

Father's name: \_\_\_\_\_ Mother's name: \_\_\_\_\_

Mobile phone: \_\_\_\_\_ Mobile phone: \_\_\_\_\_

Home address: \_\_\_\_\_

\*Parent's emails: \_\_\_\_\_

\*(email addresses where we can send camp information; multiple addresses are OK)

### **Emergency Contact** (in case of emergency, if parents are unavailable)

Name: \_\_\_\_\_ Keitai/Tel: \_\_\_\_\_

### **Health Insurance Information**

All our campers must have health/accident insurance. Please attach a copy of your son/daughter's Kokumin Hoken card here if applicable. Thank you for your understanding

### **Camper Photo**

Please place a recent photo of your son/daughter in this space. We will never use this photo for any advertising or PR purpose.

## **Health Information/Health History**

Height: \_\_\_\_\_

Weight: \_\_\_\_\_

### **Immunization Record**

Date of most recent Tetanus booster: \_\_\_\_\_

Measles immunizations up to date?                      yes              no

Mumps immunizations up to date?                      yes              no

### **\*Personal Medical History/Special Food Requirements\***

Are there any medical concerns that we should be aware of?    Any medications taken at the present time and medications that will be taken at camp:

Allergies (inc. peanuts, nuts, other foods, insects, pollen, fabrics, etc.). Please give details:

Any foods that your son/daughter can not eat for reasons including allergy, religion, personal conviction, health, etc. (but not including "likes and dislikes")?

Has your daughter/son experienced:

1. \*Bedwetting (at present)    yes    no

6. \*Motion sickness                      yes    no

2. \*Homesickness                      yes    no

7. Chicken Pox                      yes    no

3. Hay fever                      yes    no

8. \*Asthma                      yes    no

4. Mumps                      yes    no

9. Headaches                      yes    no

5. Measles                      yes    no

10. Menstruation (girls)                      yes    no

\*Please comment below if necessary.

What else should we be aware of that will help us make this camp experience a positive and special one for your son and/or daughter?

### **\*English Comprehension and Speaking Ability\***    (please circle appropriately)

Understanding ability (comprehension):

very low	simple phrases	simple sentences	good	fluent
1	2	3	4	5

Speaking ability:

very low	simple phrases	simple sentences	good	fluent
1	2	3	4	5

### **Swimming Level**

Can your son/daughter swim 10 meters w/o stopping?                      yes              no

If not, please comment on swimming ability.

Is your son/daughter comfortable swimming and/or playing in the ocean    yes              no

### **Bicycling Riding Level**

Please circle below your child's ability to ride a 2-wheel bicycle safely and with confidence.

cannot ride              beginner              intermediate              no problem/with confidence

Thank you for helping us get to know your children (our campers) better!



Please email this form to us. Thank you!

# Nanbo Discovery Camp

2899-1 Seto, Chikura-cho

Minami Boso, Chiba 295-0004

Fax 0470 (44) 0639 Mobile 090 7716 0102

## MEDICAL PERMISSION FORM

I give permission for my son and/or daughter

\_\_\_\_\_  
(only one form is needed for siblings)

to participate in camp activities as a camper/CIT at Nanbo Discovery Camp.

I also give permission to the camp staff to provide first aid/medical care if and when necessary. I consent to any further necessary medical treatment at the local hospital/clinic for my child in the event of a medical emergency. I understand that this permission is needed in the event that I/we are unable to be contacted in a timely manner.

**My son/daughter may be given age-appropriate pain reliever/aspirin/medicine/etc. if needed.**

**Yes**

**No**

(please circle "yes" or "no" above)

\_\_\_\_\_  
Signature of Parent or Legal Guardian

\_\_\_\_\_  
Date

If your son/daughter has **Kokumin Hoken** (Japanese National Health Insurance), please attach a copy of the insurance card in the space provided on page 1 of the registration form.

Thank you for your understanding,

David Green